



For Immediate Results
October 2013

MMPR Marketing
602-264-2655

DC Ranch Village Health Club & Spa To Open A Gorgeous New Hot Yoga Studio With A Free Grand Opening Event

Take a tour of this stunning, stylish hot yoga studio on Saturday, Nov. 9

Who: Yogis, relaxation enthusiasts, those seeking balance, strength and flexibility, and anyone who wants to sweat-it-out.

What: Warm up this winter at the DC Ranch Village Health Club & Spa's new hot yoga studio. There will be a grand opening celebration on Saturday, November 9 with free tours from 11:30 am – 3 pm. Tucked into a scenic desert setting in the mountain foothills of North Scottsdale, this custom-designed hot yoga studio lets guests stretch out in a gorgeous, window-filled space heated to 104-degrees Fahrenheit with 60% humidity, and featuring a unique padded flooring, which is both more sanitary and comfortable than traditional carpet or wood.

DC Ranch Village members and those interested in becoming a Village member are invited to check in at the DC Ranch Village Front Desk on November 9 to meet the new "hot" yoga ambassadors, Megan, Connie and Kristen (child care services will be offered in the Kids Club), and then take a guided tour of the new hot yoga facility. Offered in either 60- or 75-minute sessions, Village Hot Yoga classes blend styles of two well-known and efficient forms of yoga (Vinyasa and Hot) to cleanse, strengthen and maintain the physical body, as well as stimulate each organ, gland and muscle. Additionally, Heated Flow classes are offered, where the studio is heated to 90 degrees Fahrenheit, with little to no humidity.

When: Classes are available Monday - Friday (5:45 am, 9:45 am, 12 pm, 5:30 pm); Saturdays and Sundays (8 am, 9: 45am and 3 pm).

Where: 18501 N. Thompson Peak Pkwy.
Scottsdale, AZ 85255
480-502-8844 (DC Ranch Village Health Club & Spa)
www.villageclubs.com

###

For media inquiries contact MMPR Marketing 602-264-2655