

# VILLAGE FITNESS CAMPS

## GENERAL INFORMATION FOR PARENTS

To make the camp a more enjoyable and successful experience, please provide your child with the following items:

1. Sack lunch and beverage clearly marked with child's name. Lunch options will be available at the club for an additional charge. A daily snack will be provided. **Nut and peanut products are NOT allowed.**
2. Please wear swimsuits to camp as we will be swimming in the mornings — applies to AM camps only (goggles recommended)
3. Sunscreen and lip protection
4. Hat or visor
5. Camp attire: shirt and shorts
6. Non-marking athletic shoes (no sandals, please)
7. Water bottle and personal belongings clearly marked with child's name

Please make sure all electronic devices are left at home. The Village is not responsible for lost or stolen items.

## SIGN UP AND REFUND POLICY

- No refunds will be given once session begins.
- You must sign up for at least one week of camp by May 19 or a late registration fee of \$15/child per week will be charged. You may add additional weeks as long as you register by the Friday prior to the week you are adding.

## IMPORTANT REGISTRATION DETAILS

Members will be charged for camp when the registration form is turned in. Parents need to pick up a camp packet when they turn their registration form into the Youth Services Department and bring all completed forms with them on the first day of camp. Members need to have charging privileges on their member account or a credit card on file. Nonmembers must set up a Guest Account at the front desk and attach a credit card to the account to pay for camp. If you are paying by cash or check, selected weeks must be paid in full when you turn in your registration form.

## EARLY DISMISSAL

If your child needs to leave camp early, please notify the counselor in writing that morning at drop-off.

[www.villageclubs.com](http://www.villageclubs.com)



DC RANCH VILLAGE HEALTH CLUB

VILLAGE  
FITNESS  
CAMPS



SUMMER FITNESS CAMP  
FOR AGES 5-12 • MAY 31-AUGUST 5

**Village**  
HEALTH CLUBS & SPAS  
A DMB PROPERTY

2016

# REGISTRATION

## DC RANCH VILLAGE FITNESS CAMP

Camper \_\_\_\_\_ Age \_\_\_\_\_

Camper T-shirt (circle one) youth size: S M L adult: S  
 I would like to order \_\_\_\_\_ additional shirts for \$8 each

Allergies \_\_\_\_\_

Medication \_\_\_\_\_

Parent's Name \_\_\_\_\_

Parent's Name \_\_\_\_\_

E-mail Address \_\_\_\_\_

Address \_\_\_\_\_

Mobile Phone \_\_\_\_\_

Home Phone \_\_\_\_\_

My child is allowed to be picked up by: \_\_\_\_\_

### SESSIONS

Register my child for the following camp dates:  
 (check session dates and circle "M" or "PM" for half-day camps. Circle both for full-day.)

May 31–June 3 AM PM  July 11–15 AM PM

June 6–10 AM PM  July 18–22 AM PM

June 13–17 AM PM  July 25–29 AM PM

June 20–24 AM PM  August 1–5 AM PM

June 27–July 1 AM PM

**\$6 CAFE DAILY LUNCH** (select one):  Yes  No

### PAYMENT

(select one):

Member  Nonmember  Club Charge  Check  Credit Card  Cash

### LIABILITY/MEDICAL WAIVER

I hereby waive and release any and all rights and claims for damages I or my child may have against Village Health Clubs & Spas® or their respective agents, representatives and successors for any and all injuries suffered in connection with enrollment and participation in this junior program.

I hereby allow Village Health Clubs & Spas® to use photos and/or videos of my child for marketing and media materials.

Signature: \_\_\_\_\_  
 Date: \_\_\_\_\_

### SESSION DATES

- May 31–June 3
- June 6–10
- June 13–17
- June 20–24
- June 27–July 1
- July 11–15
- July 18–22
- July 25–29
- August 1–5

No camp the week of July 4.

### WEEKLY RATES

(no daily rates)

**Half-Day Camp** (AM: 9am–12pm Mon–Thur or PM: 12–3pm Mon–Thur):  
 FM \$150 S/C \$160 NM \$170

**Full-Day Camp** (9am–3pm Mon–Fri): FM \$225 S/C \$250 NM \$275

**Sibling Discount:** \$10 off per week for each additional child

**Daily Drop-in Fee** for any child showing up without being registered by the previous Friday —

Full-Day: FM \$60 S/C \$70 NM \$80 Half-Day: FM \$35 S/C \$40 NM \$45

**Extended Day Camp** (Morning Stretch 7:30–8:45am; Fun Fitness 3:00–4:30pm)  
 FM \$25 S/C \$35 NM \$45 Daily rate \$8 each day

FM = Family Members SC = Single and Couple Members NM = Nonmembers

### AGES 5-12

**Drop-off** for camp will take place on the squash courts

**Pick-up** for camp will take place in the Kids Gym

If you are between the ages of 13-15 and are interested in our Counselor In Training program, please contact Cyndi for the details.

## Important Camp Details

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### CAMP ACTIVITIES

Every morning, we will begin our day with active games in the courts, followed with swimming. We will have free swim, as well as playing water games while keeping cool in the summer heat! Children may choose to participate in several different specialty camps throughout the afternoon including Sports Academy, Ultimate Dodgeball, Challenger Games, Jr. Olympics, Art in Motion, Variety of Dance, Shape it Up, Yoga, Healthy Cooking Classes and more!

### CAFE LUNCH

You have the option of bringing your child's lunch from home or purchasing a lunch for your camper from the Village café for \$6.

Menus for the rest of the week will be available on Mondays.

**All lunches must be peanut and nut free.**

### CAMP T-SHIRTS

Each child will receive a T-shirt which will be available for pick-up the first day of camp. Additional T-shirts can be purchased for \$8 per shirt while supplies last. Camp T-shirts need to be worn every Friday or when we have a field trip or special event.

### STAFF

Campers are supervised by well-qualified staff who have received special training, including CPR, to ensure a safe environment.

### FIELD TRIPS

Each Friday we will have a field trip or on-site special event. The cost of field trips has not been included in the camp fee and will range from \$15–\$40/child depending on the type of field trip/special event for the week. Remember to have your camper wear his/her camp T-shirt for these events. There is no alternative camp on Fridays during the field trips. Activities to include:

- Bowling at Lucky Strike
- AZ on the Rocks
- Circus
- Stratum Laser Tag
- Top Golf
- Main Event
- Movie at Fashion Square
- End-of-Camp Party
- Wildlife World Zoo

All field trips subject to change.

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For more information contact  
 Cyndi Van Voorhees • [cvanvoorhees@dmbclubs.com](mailto:cvanvoorhees@dmbclubs.com)

**Register early! Space is limited!**

Registration is now underway for members on a first-come, first-served basis.  
 Registration will be extended to nonmembers on Tuesday, April 14